

February Robert L. Craig

2023 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Cinnamon Bar	2 Waffles w/ Syrup	3 Cereal Kit
6 Large Chocolate Chip Muffin	7 Breakfast Bar	8 Bagel w/ Cream Cheese	9 French Toast	10 School Closed
13 School Closed	14 Large Fruit Muffin	15 Waffles w/ Syrup	16 Breakfast Bar	17 School Closed
20 School Closed	21 Cinnamon Bar	22 Breakfast Bar	23 Cereal Kit	24 French Toast
27 Large Chocolate Chip Muffin	28 French Toast			

Breakfast includes Entrée (Bread/Grain), 1 cup Fresh or Cupped Fruit & 100% Juice, plus Milk Choice (1% Low-Fat, Non-Fat Chocolate, Skim)



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."



Cheese w Dinner Roll



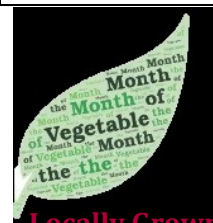
FEBRUARY 2023 Robert L. Craig Elementary

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Beef Nachos, Scoops & Brown Rice	2 French Toast w/ Syrup & a Cheese Stick	3 Pizzeria Pizza
Weekly Alternate: Pasta w/ Sauce & Cheese w Dinner Roll				
6 Lasagna w/ Marinara Sauce & a Dinner Roll	7 Breaded Chicken Patty on a Bun	8 Pasta & Meatballs w/ a Dinner Roll	9 Sweet & Sour Chicken w/ Veggie Fried Rice & Fortune Cookie	10 Pizzeria Pizza
Weekly Alternate: Grill Cheese w/ Chicken Noodle Soup				
13 Chicken Tenders w/ a Dinner Roll	14 Meatball Hero Heart Shaped Pretzel	15 Cheeseburger Sliders on a Bun Roasted Local Beets	16 Eggo Waffles w/ Cheese Stick Presidents Cookie	17 School Closed
Weekly Alternate: Macaroni & Cheese				
20 School Closed	21 Macaroni & Cheese w/ a Dinner Roll	22 Soft Shell Beef Tacos Local Gold Rush Apple	23 General Tso's Chicken w/ Veggie Fried Rice & Fortune Cookie	24 Pizzeria Pizza
Weekly Alternate: Pizza Crunchers				
27 Boneless BBQ Chicken Wings w/ French Fries	28 Grilled Cheese Sandwich w/ Chicken Noodle Soup			
Weekly Alternate: Vegetarian Chili w/ Corn Bread				

A Complete Lunch Includes:
 Entrée (with Protein/Grain)
Trip to The Farm Stand
 (students must select at least a serving of fruit or vegetable)
 Hormone-Free Milk
Menu Subject to Change
 Your comments are important to us. Please e-mail us at comments@pomptonian.com



Locally Grown Fruit



Locally Grown Vegetable



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

At least 50% of All Grains served w/ your meal are Whole Grain Rich

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February 2023

Robert L. Craig Elementary School ORDER FORM



Please indicate your breakfast and lunch choice by including the code from the list below in the appropriate box for the days you would like to order. Return each form to the school by **9:00 a.m. on the due date indicated** in an ENVELOPE with the exact money OR check made payable to the "Moonachie Board of Education."

Breakfast Codes: [B1] Daily Special

Lunch Codes: [H1] Daily Hot #1
[W] Chicken Caesar
[D] Daily Deli Sandwich

[H2] Alternate Hot
[Y] Yogurt Bagel Bag

Breakfast: 2.50
Reduced Breakfast: No Charge
Free Breakfast: No Charge

Lunch: 3.75
Reduced Lunch: No Charge
Free Lunch: No Charge

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Return at this line and return in an ENVELOPE.

DAY	BREAKFAST	LUNCH
MON		
TUE		
WED 1		
THU 2		
FRI 3		
TOTAL \$:		

Please check if your student receives

- Free Lunch
 Reduced Price Lunch

STUDENT'S NAME _____

TEACHER _____ ROOM # _____

CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:
If you plan to participate in the lunch program, you **must** fill out and return this form.

Please return form & payment by Tuesday, Dec 27th, 2022

DAY	BREAKFAST	LUNCH
MON 6		
TUE 7		
WED 8		
THU 9		
FRI 10		
TOTAL \$:		

Please check if your student receives

- Free Lunch
 Reduced Price Lunch

STUDENT'S NAME _____

TEACHER _____ ROOM # _____

CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:
If you plan to participate in the lunch program, you **must** fill out and return this form.

Please return form & payment by Tuesday, Jan 3rd, 2021

DAY	BREAKFAST	LUNCH
MON 13		
TUE 14		
WED 15		
THU 16		
FRI 17		
TOTAL \$:		

Please check if your student receives

- Free Lunch
 Reduced Price Lunch

STUDENT'S NAME _____

TEACHER _____ ROOM # _____

CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:
If you plan to participate in the lunch program, you **must** fill out and return this form.

Please return form & payment by Tuesday, Jan 10th 2021

DAY	BREAKFAST	LUNCH
MON 20		
TUE 21		
WED 22		
THU 23		
FRI 24		
TOTAL \$:		

Please check if your student receives

- Free Lunch
 Reduced Price Lunch

STUDENT'S NAME _____

TEACHER _____ ROOM # _____

CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:
If you plan to participate in the lunch program, you **must** fill out and return this form.

Please return form & payment by Tuesday, Jan 17th, 2021

DAY	BREAKFAST	LUNCH
MON 27		
TUE 28		
WED		
THU		
FRI		

Please check if your student receives

- Free Lunch
 Reduced Price Lunch

STUDENT'S NAME _____

TEACHER _____ ROOM # _____

CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:
If you plan to participate in the lunch program, you **must** fill out and return this form.

Please return form & payment by Tuesday, Jan 24th, 2021