



JUNE 2019

MOONACHIE

Elementary Schools
Lunch and Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 French Toast Sticks with Syrup, Cheese Stick & Smiley Potatoes Fresh Fruit	4 Napoli Pizza Baby Carrots with Dip 100% Fruit Juice	5 All-Beef Hot Dog on a Bun Cucumbers with Dip Fresh Fruit	6 Soft Beef & Cheese Taco Corn & Black Bean Salad Fresh Fruit Weekly Alternate: Egg Sandwich	7 Napoli Pizza Bell Pepper Salad 100% Fruit Juice
10 Chicken Sliders on Buns with Mashed Potatoes Fresh Fruit	11 Napoli Pizza Baby Carrots with Dip 100% Fruit Juice	12 Baked Mozzarella Sticks with Marinara Sauce Celery Sticks with Dip Fresh Fruit	13 Baked Chicken Nuggets with a Roll Chickpea Salad Fresh Fruit Weekly Alternate: Chicken Griller on a Bun	14 FLAG DAY Napoli Pizza Bell Pepper Salad 100% Fruit Juice
17 All-Beef Hot Dog on a Bun Corn Fiesta Salad Fresh Fruit	18 Weekly Alternate: Stuffed Shells with a Dinner Roll	19	20	21 Summer Begins
24	25	26	27 	28
National Fresh Fruits & Vegetables Month				
Monday Breakfast Large Muffin OR Assorted Cereals	Tuesday Breakfast Bagelful OR Assorted Cereals	Wednesday Breakfast Waffles OR Assorted Cereals	Thursday Breakfast Large Muffin OR Assorted Cereals w/ Bread & Jelly	Friday Breakfast Pillsbury Mini Pancakes OR Assorted Cereals

Breakfast includes Entrée (Bread/Grain), plus, 2 - 1/2c. servings of Fresh &/or Cupped Fruit or 1/2c. 100% Juice & 1/2c. Fresh or Cupped Fruit, & Milk Choice

ALSO AVAILABLE DAILY

- (W) Chicken Caesar Wrap: Tossed Greens with Sliced Chicken & Lite Dressing
- (G) Garden Salad: Tossed Greens with Fresh Veggies, Cheese Cubes & Lite Dressing & Bread

(D) WEEKLY DELI SANDWICH

- Monday:** Ham on a Kaiser Roll
- Tuesday:** Italian Hero
- Wed:** Tuna on Goldfish Bread
- Thurs:** Yogurt Lunch with 4oz. Yogurt, Cheese Stick, Pretzels & Sliced Bread
- Friday:** Turkey on a Kaiser Roll



At least 50% of All Grains served w/ your meal are Whole Grain Rich

CHEESE SANDWICH

- (C) American Cheese on a Whole Wheat Roll

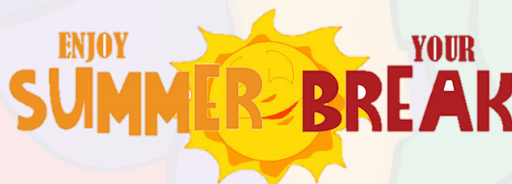
A Complete Lunch Includes:

- Entrée (with Protein/Grain)
- Selections of Fruit/Vegetable**
- Milk Choice: 1% Low-Fat, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com

"This institution is an equal opportunity provider."



Locally Grown Strawberries



Locally Grown Kale



JUNE MOONACHIE

2019

Robert L. Craig Elementary School
ORDER FORM



Please indicate your breakfast and lunch choice by including the code from the list below in the appropriate box for the days you would like to order. Return each form to the school **by 9:00 a.m. on the due date indicated** in an ENVELOPE with the exact money OR check made payable to the "Moonachie Board of Education."

- Breakfast Codes:** [B1] Daily Special [B2] Cereal
Lunch Codes: [H1] Daily Hot #1 [H2] Alternate Hot #2
 [W] Chicken Caesar Wrap [G] Garden Salad
 [D] Daily Deli Sandwich [C] Cheese Sandwich

Breakfast: \$2.00
Reduced Breakfast: \$.30
Free Breakfast: No Charge

Lunch: \$3.00
Reduced Lunch: \$.40
Free Lunch: No Charge

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Tear at this line and return in an ENVELOPE.

DAY	BREAKFAST	LUNCH
MON 24		
TUE 25		
WED 26		
THU 27		
FRI 28		
TOTAL \$:		

Please check if your student receives

- Free Lunch
 Reduced Price Lunch

STUDENT'S NAME _____
 TEACHER _____ ROOM # _____
 CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:
 If you plan to participate in the lunch program, you **must** fill out and return this form.

Please return form & payment by N/A

DAY	BREAKFAST	LUNCH
MON 17		
TUE 18		
WED 19		
THU 20		
FRI 21		
TOTAL \$:		

Please check if your student receives

- Free Lunch
 Reduced Price Lunch

STUDENT'S NAME _____
 TEACHER _____ ROOM # _____
 CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:
 If you plan to participate in the lunch program, you **must** fill out and return this form.

Please return form & payment by Tuesday, June 11, 2019

DAY	BREAKFAST	LUNCH
MON 10		
TUE 11		
WED 12		
THU 13		
FRI 14		
TOTAL \$:		

Please check if your student receives

- Free Lunch
 Reduced Price Lunch

STUDENT'S NAME _____
 TEACHER _____ ROOM # _____
 CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:
 If you plan to participate in the lunch program, you **must** fill out and return this form.

Please return form & payment by Tuesday, June 4, 2019

DAY	BREAKFAST	LUNCH
MON 3		
TUE 4		
WED 5		
THU 6		
FRI 7		
TOTAL \$:		

Please check if your student receives

- Free Lunch
 Reduced Price Lunch

STUDENT'S NAME _____
 TEACHER _____ ROOM # _____
 CONTACT PHONE # _____ TOTAL \$ _____

NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:
 If you plan to participate in the lunch program, you **must** fill out and return this form.

Please return form & payment by Tuesday, May 28, 2019