



# NOVEMBER 2018

# MOONACHIE Elementary Schools Lunch and Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 Chicken Sliders on Buns with Mashed Potato Fresh Fruit	6 <b>Election Day</b> Napoli Pizza Baby Carrots with Dip 100% Fruit Juice  <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> <b>Weekly Alternate:</b> Chicken Griller on a Bun         </div>	7 All-Beef Hot Dog on a Bun with Baked Fries Fresh Fruit	<b>NJEA Convention No School</b>	
12 Nachos Grand with Seasoned Beef, Brown Rice & Scoops Chips Baby Carrots & Dip Fresh Fruit	13 Napoli Pizza Baby Carrots with Dip 100% Fruit Juice  <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> <b>Weekly Alternate:</b> Egg Sandwich         </div>	14 ½ Day No Lunch Service	15 ½ Day No Lunch Service	16 Napoli Pizza Peppers with Dip 100% Fruit Juice
19 Chicken Patty Parmesan on a Bun Corn Salad Fresh Fruit	20 Napoli Pizza Baby Carrots with Dip 100% Fruit Juice  <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> <b>Weekly Alternate:</b> Stuffed Shells with a Dinner Roll         </div>	21 ½ Day No Lunch Service		
26 Popcorn Chicken with Dip & a Roll Fresh Fruit	27 Napoli Pizza Baby Carrots with Dip 100% Fruit Juice  <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> <b>Weekly Alternate:</b> Fish Sticks on a Bun         </div>	28 Cheeseburger on a Bun with Baked Fries Fresh Fruit	29 Chicken Nuggets with a Roll Celery Sticks with Dip Fresh Fruit	30 Napoli Pizza Peppers with Dip 100% Fruit Juice
<b>Monday Breakfast</b> Large Whole Grain Blueberry Muffin OR Assorted Cereals w/ Bread & Jelly	<b>Tuesday Breakfast</b> Bagelful OR Assorted Cereals w/ Bread & Jelly	<b>Wednesday Breakfast</b> Waffles OR Assorted Cereals w/ Bread & Jelly	<b>Thursday Breakfast</b> Large Apple Cinnamon Muffin OR Assorted Cereals w/ Bread & Jelly	<b>Friday Breakfast</b> Pillsbury Mini Pancakes OR Assorted Cereals w/ Bread & Jelly

Breakfast includes Entrée (Bread/Grain), plus, 2 - ½c. servings of Fresh &/or Cupped Fruit or ½c. 100% Juice & ½c. Fresh or Cupped Fruit, & Milk Choice

### ALSO AVAILABLE DAILY

- (W) Chicken Caesar Wrap: Tossed Greens with Sliced Chicken & Lite Dressing
- (G) Garden Salad: Tossed Greens with Fresh Veggies, Cheese Cubes & Lite Dressing & Bread

### (D) WEEKLY DELI SANDWICH

- Monday:** Ham on a Medium Kaiser
- Tuesday:** Italian Hero
- Wed:** Tuna on Goldfish Bread
- Thurs:** Yogurt Lunch with 4oz. Yogurt, Cheese Stick, Pretzels & Sliced Bread
- Friday:** Turkey on a Medium Kaiser



**At least 50% of All Grains served w/ your meal are Whole Grain Rich**

### CHEESE SANDWICH

- (C) American Cheese on a Whole Wheat Roll

### A Complete Lunch Includes:

- Entrée (with Protein/Grain)
- Selections of Fruit/Vegetable**
- Milk Choice: 1% Low-Fat, Skim, or Non-Fat Chocolate
- Menu Subject to Change**
- Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)

"This institution is an equal opportunity provider."





# NOVEMBER MOONACHIE

## 2018

### Robert L. Craig Elementary School ORDER FORM



Please indicate your breakfast and lunch choice by including the code from the list below in the appropriate box for the days you would like to order. Return each form to the school **by 9:00 a.m. on the due date indicated** in an **ENVELOPE** with the exact money OR check made payable to the "Moonachie Board of Education."

**Breakfast Codes:** [B1] Daily Special  
[H1] Daily Hot #1  
[W] Chicken Caesar Wrap  
[D] Daily Deli Sandwich

[B2] Cereal  
[H2] Alternate Hot #2  
[G] Garden Salad  
[C] Cheese Sandwich

**Breakfast: \$2.00**  
**Reduced Breakfast: \$.30**  
**Free Breakfast: No Charge**

**Lunch: \$3.00**  
**Reduced Lunch: \$.40**  
**Free Lunch: No Charge**

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Tear at this line and return in an **ENVELOPE**.

DAY	BREAKFAST	LUNCH
MON 26		
TUE 27		
WED 28		
THU 29		
FRI 30		
<b>TOTAL \$:</b>		

**Please check if your student receives**  
 Free Lunch  
 Reduced Price Lunch

STUDENT'S NAME \_\_\_\_\_  
TEACHER \_\_\_\_\_ ROOM # \_\_\_\_\_  
CONTACT PHONE # \_\_\_\_\_ TOTAL \$ \_\_\_\_\_

**NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:**  
If you plan to participate in the lunch program, you **must** fill out and return this form.

**Please return form & payment by Tuesday, Nov. 20, 2018**

DAY	BREAKFAST	LUNCH
MON 19		
TUE 20		
WED 21		
THU 22		
FRI 23		
<b>TOTAL \$:</b>		

**Please check if your student receives**  
 Free Lunch  
 Reduced Price Lunch

STUDENT'S NAME \_\_\_\_\_  
TEACHER \_\_\_\_\_ ROOM # \_\_\_\_\_  
CONTACT PHONE # \_\_\_\_\_ TOTAL \$ \_\_\_\_\_

**NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:**  
If you plan to participate in the lunch program, you **must** fill out and return this form.

**Please return form & payment by Tuesday, Nov. 13, 2018**

DAY	BREAKFAST	LUNCH
MON 12		
TUE 13		
WED 14		
THU 15		
FRI 16		
<b>TOTAL \$:</b>		

**Please check if your student receives**  
 Free Lunch  
 Reduced Price Lunch

STUDENT'S NAME \_\_\_\_\_  
TEACHER \_\_\_\_\_ ROOM # \_\_\_\_\_  
CONTACT PHONE # \_\_\_\_\_ TOTAL \$ \_\_\_\_\_

**NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:**  
If you plan to participate in the lunch program, you **must** fill out and return this form.

**Please return form & payment by Tuesday, Nov. 6, 2018**

DAY	BREAKFAST	LUNCH
MON 5		
TUE 6		
WED 7		
THU 8		
FRI 9		
<b>TOTAL \$:</b>		

**Please check if your student receives**  
 Free Lunch  
 Reduced Price Lunch

STUDENT'S NAME \_\_\_\_\_  
TEACHER \_\_\_\_\_ ROOM # \_\_\_\_\_  
CONTACT PHONE # \_\_\_\_\_ TOTAL \$ \_\_\_\_\_

**NOTE TO FREE BREAKFAST/LUNCH RECIPIENTS:**  
If you plan to participate in the lunch program, you **must** fill out and return this form.

**Please return form & payment by Tuesday, Oct. 30, 2018**