

THANKSGIVING TRAVEL, VISITORS AND CELEBRATIONS



The CDC and Governor Murphy suggest that you ***avoid travel for the Thanksgiving Holiday***. When traveling:

- Always wear a mask in public settings and on public transportation
- Stay at least 6 feet apart from anyone not in your household
- Wash your hands often or use hand sanitizer
- Avoid touching your mask, eyes, nose and mouth.
- Bring extra supplies, such as masks and hand sanitizer.

If you should travel out of the state of NJ, please check the NJ COVID travel restriction list.

<https://covid19.nj.gov/faqs/nj-information/travel-and-transportation/which-states-are-on-the-travel-advisory-list-are-there-travel-restrictions-to-or-from-new-jersey>

The list is updated every Tuesday. Please contact Mr. Knipper or Ms. Gallo to assist with the calculation of your child's quarantine period and their exclusion from school.

If you have family or guests from out of state at your Thanksgiving, you will not have to quarantine. If your guests should begin to have COVID-like symptoms within 2-3 days of their visit, you and your entire family, will need to quarantine.

"Travel increases your chance of getting and spreading COVID-19. Staying home is the best way to protect yourself and others." CDC

Here are a few CDC recommendations:

- Safely prepare traditional dishes and deliver them to family and neighbors in a safe way.
- Participate in a gratitude activity, like writing down things you are grateful for and sharing with your family and friends.
- Host a virtual Thanksgiving meal with friends and family who don't live with you.
- Have people share recipes and show their turkey, dressing or other prepared dishes.
- Watch TV (Thanksgiving parade, sports or movies) and play games with people in your household.

We wish everyone a wonderful, safe, and healthy Thanksgiving Celebration with your Family. Please do not hesitate to contact Mr. Knipper or Nurse Gallo with any questions or concerns.

Resources

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/thanksgiving.html>