

Units of Time



How to compare units of time

Multiply

BIG unit --- small unit

Divide

small unit --- BIG unit

1 minute = 60 seconds
1 hour = 60 minutes
1 day = 24 hours
1 week = 7 days
1 month = about 4 weeks
1 year = 52 weeks
1 year = 12 months
1 year = 365 days
1 leap year = 366 days
1 decade = 10 years
1 century = 100 years
1 millennium = 1,000 years

For example: Stephanie's birthday is today and she turned 8 years old. How many months is Stephanie?

Change 8 years to months. To find the number of months in 8 years, **multiply**.

1 year = 12 months

$8 \times 12 = 96$.

So, 8 years = 96 months