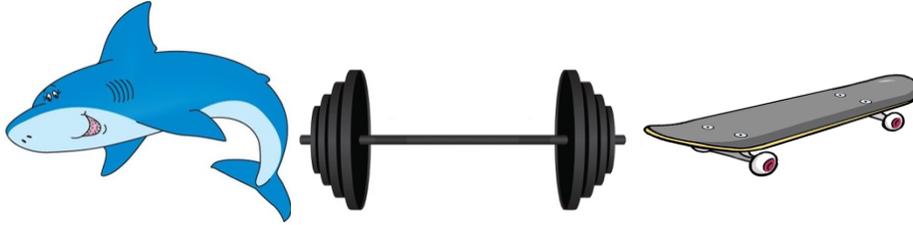


Weight Conversion Reference Sheet



How to Convert

Multiply

BIG unit --- small unit

TON – pound

POUND – ounce

Divide

small unit --- BIG unit

pound – TON

ounce – POUND

Conversions

Oz = ounce

lb = pound

T = ton

1 lb = 16 oz

1 T = 2,000 lbs

Example: A skateboard weighs 4 pounds. How many ounces does it weigh?

1lb = 16 oz

For every pound there are 16 ounces.

4lbs = 64 ozs

So, **multiply** 4 x 16 = 64 ounces.

Example: If a shark weighs 4,000 pounds, how many tons does it weigh?

1T = 2,000 lb

For every ton, there are 2,000 pounds.

2T = 4,000 T

So, **divide** 4,000 / 2,000 = 2 Tons